Know the News: Are You Hooked on Your Phone?

Read the article, then answer the questions.

1. Which is a central idea of the article?
   A. Teens’ growing use of smartphones is alarming even to people in the tech industry.
   B. Millions of different apps are available on iPhones and Androids.
   C. The United States and other countries have treatment centers for digital addiction.
   D. Some companies use neuroscience to make phones more engaging.

2. Which statement best supports that central idea?
   A. “You never know which post is going to get a lot of interest.”
   B. “Representatives of two of Apple’s biggest investors . . . pressured Apple to help combat what many people see as a growing health crisis among young people: phone addiction.”
   C. “Try leaving your phone in another room.”
   D. “Instagram and Facebook tap into our desire for validation from our peers.”

3. Which best describes the structure of the section “Tricks of the Trade”?
   A. chronological  C. problem/solution
   B. compare/contrast  D. cause and effect

4. Which of these statements is an opinion?
   A. Some teens have cut back on their phone usage.
   B. Tech companies have a responsibility to help teens manage their digital addictions.
   C. Half of teens feel addicted to their phones.
   D. Apple says it’s developing new ways for parents to increase control over their teens’ devices.

5. What is the main point of the sidebar “Why We Can’t Stop”?
   A. to explain how teens benefit from social media
   B. to offer ideas for how people can cut down on social media use
   C. to compare social media use with gambling
   D. to show some techniques social media sites use to hold people’s interest

6. Which word best describes psychologist Edward Spector’s tone in this statement? “We have an entire generation of guinea pigs in an experiment.”
   A. curious  C. excited
   B. concerned  D. enraged

7. Which of these statements is true?
   A. A San Diego State University study found that the more time teens spend in front of screens, the happier they are.
   B. Some teens have become so addicted to video games that they dropped out of school.
   C. Apple makes most of its money from teens playing apps on their phones.
   D. none of the above

8. What does compelling mean in the following sentence? “To make your phone less compelling, turn your screen to black-and-white.”
   A. depressing  C. energetic
   B. captivating  D. uninteresting

9. Which of the following is a key detail that should be included in a summary of the article?
   A. Parents have long said that teens spend too much time on their phones.
   B. Teens at digital addiction treatment centers in China must perform military-style drills.
   C. More than half of teens say they feel addicted to their smartphones.
   D. Alfredo Santos, a 16-year-old from New York City, says he’s addicted to his phone.

10. Based on the article, which of these would the group JANA Partners most likely support?
    A. tech companies adding greater parental controls on their devices
    B. shutting down China’s internet-addiction boot camps
    C. banning teens from using smartphones and other digital devices during school
    D. eliminating most smartphone parental controls